

POUND FOOT TO NEWTON - METERS

T E N S C O L U M N	UNITS COLUMN										
	Lb - Ft	0	1	2	3	4	5	6	7	8	9
		N-m	N-m	N-m	N-m	N-m	N-m	N-m	N-m	N-m	N-m
		0	1.4	2.7	4.1	5.4	6.8	8.1	9.5	10.8	12.2
	10	13.6	14.9	16.3	17.6	19	20.3	21.7	23	24.4	25.8
	20	27.1	28.5	29.8	31.2	32.5	33.9	35.3	36.6	38	39.3
	30	40.7	42	43.4	44.7	46.1	47.5	48.8	50.2	51.5	52.9
	40	54.2	55.6	56.9	58.3	59.7	61	62.4	63.7	65.1	66.4
	50	67.8	69.1	70.5	71.9	73.2	74.6	75.9	77.3	78.6	80
	60	81.3	82.7	84.1	85.4	86.8	88.1	89.5	90.8	92.2	93.6
	70	94.9	96.3	97.6	99	100.3	101.7	103	104.4	105.8	107.1
80	108.5	109.8	111.2	112.5	113.9	115.2	116.6	118	119.3	120.7	
90	122	123.4	124.7	126.1	127.4	128.8	130.2	131.5	132.9	134.2	
100	135.6	136.9	138.3	139.6	141	142.4	143.8	145.1	146.4	147.8	



American Prosthetic Components, LLC

900 Ontario Road, Green Bay, WI 54311 (920) 406-9550 Fax (920) 468-1609

www.apcomponents.com